

## Online Bullying

### Anti-Bullying Week 2022



Anti-Bullying Week is just round the corner so I wanted to share what we know about online bullying in Lincolnshire from our annual 'Keeping Safe Survey.'

Sadly, the number of students who are being bullied is going up but, equally worrying, is that the number of students who have told us they do nothing about their bullying is also on the rise. With nearly 1 in 5 Lincolnshire students experiencing online bullying at some point in their life, this is quite significant.

But, do we ever talk to our children about the digital world in the same way as the real one? For example, when they get home from school or the park, we know who they've hung out with; if it was a good day or a bad day; the latest gossip?

If our children were having a bad time online, would we know? Our survey showed that children whose parents take an interest in their online lives are more likely to take action if something goes wrong, so maybe today should be the day we start the conversation.

Get them to show you their favourite games or YouTubers, ask them to teach you how to block people online and find out what they would do if someone was being mean to them.

On the 7th December, why not join me online for a special Q+A session just for parents and carers.

Date with Dan starts at 6pm, tickets are free and you can book through the Eventbrite link below:

<https://www.eventbrite.co.uk/e/a-date-with-dan-tickets-429589111597>

### Managing abusive messages and comments

- Try not to respond
- Save a copy or screenshot
- Report the user
- Block them
- Tell someone